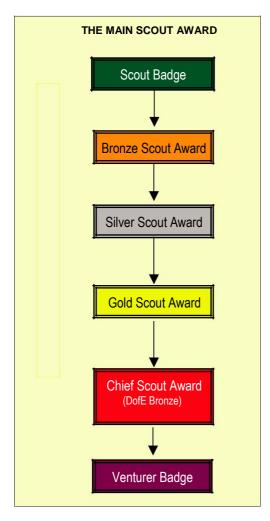


# **Scout Award Scheme Summary Chart**



#### **OPTIONAL PERSONAL CHALLENGES**

### Scout Outdoor Challenge Award Level 1

Bronze Scout Award must be completed first

#### **Scout Outdoor Challenge Award Level 2**

Gold Scout Award must be completed first

#### **Scout Community Challenge Level 1**

Silver Scout Award must be completed first

#### **Scout Community Challenge Level 2**

Gold Scout award must be completed first

#### **Explorer Challenge**

Scout must be 13 years of age or older.

### **Scout Personal Challenge**

Done as part of the core award or separately

#### SCOUT TRAINING COURSES

#### **Cossgrove Course**

Practical Scouting skills course

### **Cossgrove Gold Course**

Advanced practical Scouting skills course

#### **Sandford Leadership Course**

Leadership course for potential Patrol Leaders

#### **Duke of Edinburgh Hillary Award**

**Bronze Level** 

#### **National Scout Schools**

**Aviation School** 

Canoeing School

Photography School

Caving School

Snow School

## **Tauhinu Sea Scouts Progress Book**

Name			 	 	
Address			 	 	
Phone nu	ımber – ho	ome	 	 	
Phone nu	ımber – m	obile	 	 	
Email .			 	 	
Emergen	cy contact	t name	 	 	
Emergen	cy phone	number .	 	 	

To record progress tick items on the left of a page you believe you have completed. Then ask a leader to initial the box on the right to confirm you have completed the item to the required standard.

Periodically ask a leader to update your electronic record on OSM to match this booklet.

## **The Scout Badge**

The Scout Badge requirements must be completed to be invested as a Scout. Cubs can be complete the requirements as a Cub before moving up to Scouts. This enables the Cubs to be invested on their first night at Scouts.

Outdoors	
□ Prepare a personal First aid Kit.	
Community	
<ul> <li>Describe the composition of the NZ Flag.</li> </ul>	
<ul> <li>Explain what and why happens during the Flag Ceremony.</li> </ul>	
Personal Development	
□ Show a knowledge and understanding of the Scout Law and	
Promise.	
□ Describe the life of Lord Robert BadenPowell of Gilwell	
and explain why he is important to Scouting.	
□ Be able to make the Scout sign and salute correctly.	
□ Demonstrate the Scout Handshake and be told the story behind	
it.	
New Experiences	
□ Take part in a Troop or Patrol activity	

## **Transition from Cubs to Scouts**

CREDITS TOWARDS THE BRONZE SCOUT AWARD

The NZ Scout Award Scheme is progressive. This means that Cubs who have completed their Gold Cub Award will get four activities credited towards their Bronze Scout Award. The Scout Leader will determine which activities but the following are suggested.

Outdoors Environment	
<ul> <li>Identify three native plants/birds/animals (any combination of the three).</li> </ul>	
Community Emergency Preparedness	
□ Prepare a home evacuation plan for your home.	
Development Life Chille - Everyopeien	
Personal Development Life Skills – Expression	
<ul> <li>On your own or with other Cubs or Scouts, lead a song at a Campfire.</li> </ul>	

## **Bronze Scout Award**

As a general guide the Bronze Scout Award is intended for Scouts who are in year 6 and 7 at school. Scouts normally join the Scout section at the start of term 4, year 6 and should complete their Bronze Award within a year. Scouts who are in Year 8 or higher when they join Scouts may commence working directly on the Silver or Gold Award.

## **OUTDOORS CORNERSTONE**

Cá	ampcraft	
	With a friend or in a Patrol / team show that you can pitch a hike tent, strike it and pack it away correctly.	
	Explain why tents need to be aired and dried completely before being put in storage.	
E	peditions	
	Draw the eight main compass points.	
	Use a compass to find magnetic north.	
	Follow a simple compass course containing at least four different magnetic bearings.	
	Using the map key, identify some common features.	
	Using a simple map, orientate it correctly using common	
	features that you can see around you. i.e. roads, buildings, terrain.	
	Explain why it is important to check when a map was printed or published.	
Er	nvironment	
	Explain why we need to take the weather into consideration when planning and conducting outdoor activities	
	Identify three native plants / birds /animals (any combination of three).	
Oı	utdoor Skills	
	Demonstrate three knots and show how to use them	
	Demonstrate and explain how to care for ropes used in pioneering activities	
	Know the safety requirements for laying and lighting a fire.	
	Demonstrate safely laying and lighting a fire.	
	Show an awareness of the DOC Environmental Care Code.	
	Identify the hazards on a given site or activity.	
	Demonstrate appropriate clothing you would take on a weekend camp and how you would pack the items.	
	Explain to a leader what you would share to help a friend in trouble on a tramp, that would not put your own or others life	
	at risk.	

COMMUNITY CODNEDSTONE	
COMMUNITY CORNERSTONE	
Emergency Preparedness	
<ul> <li>Using the ACC River Safe Booklet, draw up a list of safety rules for around the pool, at the beach or river.</li> </ul>	
<ul> <li>Describe the buddy system and explain how it works.</li> </ul>	
□ Prepare a home evacuation plan for your home and list	
the items needed for a home emergency kit.  ☐ Know the difference between and treatment for burns	
<ul> <li>Know the difference between and treatment for burns and scalds.</li> </ul>	
□ Demonstrate how to clean and dress a simple cut or graze.	
<ul><li>Know the treatment for bites and stings.</li></ul>	
Helping Others	
<ul> <li>Carry out a responsibility at home for at least eight hours over four weeks.</li> </ul>	
My Community	
□ Explain how the youth sections in the Scout Group fit together.	
<ul> <li>List the section leaders and the management team in your Scout Group.</li> </ul>	
□ Demonstrate how Scouts fold, break and lower the flag.	
Our World / Our Country	
Learn a song, game, activity or words from another culture	
in your community. □ Prepare and/or taste food from a different culture.	
1 Topare ana/or taste losa from a different saltare.	
PERSONAL DEVELOPMENT CORNERSTONE	
Physical	
□ Demonstrate to the leader exercises to do each day to keep fit.	
Social & Life Skills	
<ul> <li>Explain the social and health consequences of not maintaining a good standard of personal hygiene at all times.</li> </ul>	
Expression	
<ul> <li>On your own or with other Scouts or leaders, lead a campfire song, yell or game.</li> </ul>	
Personal Challenges	
<ul> <li>Complete a Personal Challenge of your choice from the Personal Development list.</li> </ul>	

# **NEW EXPERIENCE CORNER STONE**

National Programmes	
<ul> <li>Take part in a National Programme activity or event with your Troop, Group or other Scouts.</li> </ul>	
Group, Zone or Regional Events and activities	
☐ Take part in an activity away from the Hall.	
Challenges	
<ul> <li>Cook a simple meal over an open fire e.g. Sausage on a stick, damper, apple or banana in foil.</li> </ul>	

## **Silver Scout Award**

As a general guide the Silver Scout Award is intended for Scouts who are in Year 7 (from the 4th term) and Year 8 at school. Scouts normally move from the Bronze to the Silver Award at the start of term four, Year 7 and should complete their Silver Award within a year. Scouts who are in Year 9 or higher when they join Scouts may commence working directly on the Gold Award.

## **OUTDOORS CORNERSTONE**

0	ampcraft	
	•	
	As part of a Patrol / Team or with a partner prepare and cook	
	a simple meal under camp situations. It should include meat, vegetables, dessert and a hot drink.	
	•	
	Demonstrate how to safely connect gas equipment and carry out the safety checks.	
	Use a small cooker to make a hot drink.	
	Describe the features to look for when selecting a suitable	
	campsite.	
	Describe the features to avoid when selecting a suitable	
	campsite.	
Ex	peditions	
	Explain the difference between magnetic north and grid north.	
	Use a compass to orientate a map correctly.	
	Show an understanding of grid lines and be able show a spot on	
	a map using six character grid reference.	
	Explain what contour lines show.	
	In your Patrol / Team or with friends follow a series of grid	
	references to get you from one place to another.	
Er	nvironment	
	Describe how New Zealand's terrain affects its weather.	
	Explain the parts of an isobaric (weather) map.	
	Identify six native plants / birds / animals (any combination of	
	six). Find out about their place in the food chain.	
Οι	utdoor Skills	
	Choose one of the following:	
	a) Demonstrate how to wear a buoyancy aid correctly or	
	b) How to tread water correctly.	
	Demonstrate three new knots that could be used in	
	construction activities.	
	Demonstrate two lashings. Use these lashings to construct a	
	simple trestle frame or some other simple construction.	
	Demonstrate how to set and light a fire with minimum environmen damage.	

# **COMMUNITY CORNERSTONE**

Emergency Preparedness	
□ Explain how to get help in an emergency.	
<ul> <li>Describe where the Group First Aid Kit is kept.</li> </ul>	
<ul> <li>Demonstrate knowledge of how to use 111 system and how the ICE concept works on mobile phones.</li> </ul>	
Helping Others	
☐ Give an example of where to use the Environmental Care Code.	
<ul> <li>Attend an ANZAC parade or other community service e.g. Big Clean Up.</li> </ul>	
<ul> <li>Carry out a minimum of 10 hours voluntary service for other people such as a school, church or community group. This</li> </ul>	
service is expected to be external to Scouting.	
My Community	
☐ Take part in a Zone activity.	
☐ List the Scout Groups belonging to your zone.	
<ul><li>Name the Zone Leaders and what are they responsible for.</li><li>Find out about and describe what JOTI and JOTA stand for.</li></ul>	
☐ Explain what loyalty means and how it can be applied in practice	
in your Patrol and in the community.	
Our World / Our Country	
<ul> <li>Cultures in NZ Find out about a culture that is different from your own.</li> </ul>	
<ul> <li>Find out how local government works in your area, who some of the community leaders are what their role involves.</li> </ul>	
PERSONAL DEVELOPMENT CORNERSTONE	
Physical	
□ Act as the leader in pitching a Patrol / Team tent.	
<ul> <li>With a friend or a Patrol / Team set up and use the equipment required for a weekend Patrol Camp.</li> </ul>	
<ul> <li>Hazard identification: On a given site or activity, identify hazards that can be expected. Suggest how you could Eliminate, Isolate,</li> </ul>	
or Minimise these hazards.	
□ Complete Part A of an Activity Intention Form for an activity.	
Social & Life Skills	
☐ Take responsibility for the family washing on two occasions.	
<ul> <li>Show how to check a patient for breathing and place him or her in the recovery position.</li> </ul>	
<ul> <li>Explain how to stop bleeding and the treatment for nose bleeds.</li> </ul>	
☐ The Scout Promise is to "do my Duty to my God, my Queen and	
my country". Explain how to carry out this part of the promise.	

	Take part in a Scouts Own ceremony at camp or during an expedition.	
	Discuss with the Scout Leader the value of a personal commitment statement and produce an example.	
	Lead or demonstrate the Scout opening and closing ceremony.	
E	rpression	
	Complete one of the following:	
	<ul> <li>a) A personal challenge badge from the Arts or Crafts section. OR</li> </ul>	
	<ul> <li>b) An activity or project of your own choice (as agreed with the Leader and Patrol Leaders Council).</li> </ul>	
Pe	ersonal Challenges	
	Complete one Personal Challenge badge from the Outdoor list.	
	Complete one Personal Development badge from the Personal Development list (different to the one used at Bronze level).	
NE	EW EXPERIENCE CORNERSTONE	
Na	ational Programme	
	Take part in and help plan and organise a National Programme activity.	
Gı	roup, Zone or Regional Events and activities	
	Take part in and help plan a visit to JOTA, JOTI, a Zone Camp, Cub Day or similar activity.	
Cł	nallenges	
	Work with the Patrol Leader and help organise a guest speaker for the Troop night who will speak on something new for the Scouts	

## **Gold Scout Award**

As a general guide the Gold Scout Award is intended for those who are in Year 8 (from the 4th term) and Year 9 at school. Scouts normally move from the Silver to the Gold Award at the start of term 4, Year 8 and should complete their Gold Award within a year. Scouts who are in Year 9 or higher when they join Scouts may commence working directly on the Gold Award.

## **OUTDOOR CORNERSTONE**

Ca	ampcraft	
	Show an understanding of the food pyramid and the nutritional requirements for outdoor activities	
	Draw up a complete nutritious menu (including quantities) for a weekend camp.	
	Using a small gas cooker prepare a meal suitable for hiking or tramping.	
	Demonstrate the care of a gas lantern including the changing of a mantle (pressure lantern could be substituted).	
	On a selected site describe how to set up a campsite giving reasons for your choice.	
	Prepare a checklist to ensure that a high standard of hygiene is	
	maintained under camp conditions. It could include the following headings: sleeping tents, grounds, food storage, food or rubbish disposal, toilets, drinking water, kitchen area, utensils.	
Ex	peditions	
	In a Patrol / Team or with friends, carry out a journey of at least four hours using map, compass and or GPS to assist you. May	
	be tramping, canoeing, sailing, cycling etc). Using the map explain the route followed to the Leader or Patrol – e.g. terrain, track, features.	
Er	nvironment	
	Identify 12 native plants / bird / animals (Any combination of 12). Explain their place in the ecosystem.	
	Be able to recognize six different cloud types and describe the weather they are associated with.	
	Using actual observations and an isobaric (weather) map, predict the weather for your area.	
Oi	utdoor Skills	
	Demonstrate how to care for and safely use the tools and	
	equipment commonly found around camp. Could include but not exclusively axe, knives, saws, shovels, spades and mallets.	
	Demonstrate how to use a GPS and a compass.	
	Use a GPS or compass to plan and follow a simple route.	
	Explain why we should not rely on a GPS alone.	

□ Demonstrate three knots that could be used in rescue situations.	
<ul> <li>Learn two more lashings different from those used in the Silver Award.</li> </ul>	
□ With a Patrol or Team construct two items on the following list.	
Raft, tower, bridge or similar item. Camp equipment Playground	
equipment Catapult or any other construction approved by your PLC or the Scout Leader.	
□ Complete a Risk Assessment Management Sheet	
(RAMS) for a Patrol / Team or Group activity.	
COMMUNITY CORNERSTONE	
Emergency preparedness	
□ Demonstrate the ability to assess and treat minor injuries.	
<ul> <li>Demonstrate how to summon assistance in an emergency and what to do whilst waiting.</li> </ul>	
<ul> <li>Show an understanding of how to recognize an asthma attack and know what to do to assist.</li> </ul>	
□ Be able to describe the symptoms of and the treatment	
for: Hypothermia. Heat exhaustion. Heat Stoke.	
<ul> <li>Explain what RICE stands for in the First Aid situation.</li> </ul>	
<ul><li>Demonstrate two types of sling.</li><li>Explain the importance of immobilizing an injury and</li></ul>	
demonstrate two bandaging techniques.	
<ul> <li>Explain how to recognize the signs and symptoms of shock and how to treat them.</li> </ul>	
Helping Others	
□ Complete either:	
<ul> <li>a) Carry out or assist in a project to protect or foster native fauna or flora. Or</li> </ul>	
b) Participate in a Community Project. i.e.Arbor Day, Clean Up NZ Day.	
<ul> <li>Assist at Keas or Cubs for a period of eight hours (could be weekly or over a weekend camp).</li> </ul>	
My Community	
☐ Draw a time line showing some of the important dates in the	
development of Scouting, Worldwide and in New Zealand.	
☐ Research and explain what the National Scout Schools offer.	
<ul> <li>Find out about, belong to, or participate in an activity with another youth organisation.</li> </ul>	
Our World / Our Country	
☐ Find out what region of World Scouting New Zealand belongs to.	

	Find out about Scouting in one of the other countries in our region. Introduce a game or activity from that country to the Troop or Patrol.	
	Select one International Organisation and show how it assists the World Community. e.g. A branch of the United Nations, World Trade Organisation, Save the Children, UNICEF, Red Cross etc.	
P	ERSONAL DEVELOPMENT CORNERSTONE	
Pl	hysical	
	Be able to throw a life line to within one metre of a person eight metres away.	
S	ocial & Life Skills	
	Attend a Sandford Leadership Course.	
	After the course practice these skills by organizing and leading an activity or camp with your Patrol or a group of friends.	
	Explain to the Scout Leader how to deal with peer pressure when friends and acquaintances want you to do something that is unwise.	
	Complete one of the following:  a) Help plan and run a Scouts Own.	
	<ul><li>b) Attend a Church Parade.</li><li>c) Compare two different religions and list what they have in common.</li></ul>	
	With a friend or in a Patrol / Group compare and be prepared to discuss or demonstrate how the Scout Law fits into the beliefs	

□ Discuss the Patrol Code of Conduct with the leader and

a) A Personal Challenge Badge from the Arts or,

be agreed with your PLC and Leader).

(different to the badge earned for Silver).

Personal

Patrol to discuss and adopt it.

Complete one of the following:

b) Crafts section, or

one

**Personal Challenges** 

Community list.

Complete

explain the consequences of not following the "rules". If the Patrol doesn't have a Code of Conduct, create one and ask the

c) An activity or project of your choice and design. (Must

Complete one Personal Challenge badge from the Outdoors list

Challenge

**Expression** 

badge

from

the

# **NEW EXPERIENCES CORNERSTONE**

National Programme  ☐ Help plan / organize a National Programme activity	
Group, Zone or Regional Events and activities  □ Take part in and help plan a visit to JOTA, JOTI, a Zone Camp, Cub Day or similar Activity.	
<ul> <li>Challenges</li> <li>□ Work with another Scout and help organize a Troop visit to a place of interest where the Troop can learn or practice one of the following: <ul> <li>a) A new skill,</li> <li>b) Meet a person of interest,</li> <li>c) Learn something about the community you live in or near.</li> </ul> </li> </ul>	

## **Chief Scout Award**

- Scouts must complete the Gold Scout Award in order to earn the Chief Scout Award. A Scout may start on the Chief Scout Award before completing the Gold Scout Award.
- The Duke of Edinburgh 's Hillary Bronze Award can be completed in parallel with the Chief Scout Award. Please speak with a leader about registering.
- The requirements should be able to be completed in 12 months and may be signed off by the Scout Leader or a person nominated by the leaders.

0	UTDOORS CORNERSTONE	
	Plan and run an activity for a Patrol or Troop which will include two nights Camping.	
C	OMMUNITY CORNERSTONE	
	Demonstrate a knowledge of the World family of Scouting.	
	Work as an activity leader with a Kea Club or Cub Pack for a period of 20 weeks (need not be continuous).	
PE	ERSONAL DEVELOPMENT CORNERSTONE	
	omplete three of the following Complete the Explorers Challenge. Gain a recognised First Aid Certificate.	
	Take part in an outdoor sport or activity. Participate in it regularly for at least 10 hours over a minimum of three months.	
	Choose a hobby, topic to study or a leisure pursuit. Acquire a reasonable skill in or knowledge of the activity and participate in it regularly for at least 10 hours over a minimum of three months.	
NI	EW EXPERIENCES CORNERSTONE	_
	Research the Young New Zealanders Challenge and explain the requirements for the Scout age group.	
	Attend an organised event of three days duration (away from home and need not be Scouting) e.g.Jamboree, National Scout Schools, School sports. Tournaments, cultural exchanges.	
	Attend a Venturing Explained. Complete two new Personal Challenge Badges.	
	When all the other requirements of the Chief Scout Award have been met, make an appointment with the Zone Scout Leader or	
	their appointee to discuss your achievements. You will be asked to discuss the part the Scout Law and Promise plays in your life.	
	Prepare and take with you a written CV of your Scouting achievements including any relevant certificates and a logbook or presentation about your expeditions.	

# **Scout Challenge Award**

Scouts must complete the Bronze and Silver Scout Awards as specified, before undertaking the challenges listed below. This is to ensure the Scouts have received the required training in order to safely undertake these activities.

## **OUTDOORS CHALLENGE**

C	omplete the Bronze Scout Award and then:	
	Cook a three course meal on open fire.	
	Have completed five nights camping.	
	Construct a fun pioneering project.	
	Take part in an orienteering activity.	
C	omplete the Silver Scout Award and then:	
	Cook a three course meal using a menu from a culture other than your own. For four or more people.	
	Have completed four nights camping under canvas in winter (June to October).	
	Complete a weekend tramp with three friends – complete a logbook of the activity.	
	Complete a geo caching activity (GPS).	
C	OMMUNITY CHALLENGE	
C	omplete the Bronze Scout Award and then:	
	Adopt an area and take care of it for 12 weeks.	
	Organize and carry out a joint activity with another Troop or Patrol from another Troop in your Zone.	
	Produce a short fun play and present to a group.	
	Prepare and carry out a basic first aid scenario for the Troop or Patrol.	
C	omplete the Silver Scout Award and then:	
	Arrange an interesting guest speaker from an environmental organization to talk to your Troop.	
	Organise and carry out a joint activity with a Troop or youth group from your Zone.	
	Either Take part in a local drama, Gang Show or music	
	production (could be backstage or Front of House or Support	
	Crew. Or Act as casualty in a first aid scenario for local service agency competitions or practice. (Fire Brigade, St John, Police, Civil Defence).	

# **EXPLORER CHALLENGE**

Scouts must be 13 years and over before taking part in the Explorer Challenge
□ Complete a journey with three friends, of a minimum of 150 km, over four days, using three different modes of transport while visiting places of interest or local people.
□ When you return, make a presentation about the journey to your Troop.
Venturer Badge
Scouts move to the Venturer Section at the start of the 4th school term in Year 10. The Group Leader may allow a Scout to move to the Venturer Section earlier providing the parents, the Scout Leader and the Venturer Leader all support this. This badge must be completed by all people joining the Venturer Unit. However, a Scout who completes this badge in the Scout Troop will be invested when he or she attends their first official Venturer Unit meeting.
OUTDOORS
<ul> <li>Join with the local Venturer Unit for a day outdoor activity or night away.</li> </ul>
COMMUNITY
<ul> <li>Complete a Venturing Explained with the local Unit or Leader.</li> <li>AND</li> </ul>
<ul> <li>Discuss with those on the Venturing Explained course how the Scout Law &amp; Promise affects Scouts everyday.</li> </ul>
PERSONAL DEVELOPMENT
☐ With the help of the Unit Executive or Venturer Leader complete a Personal Commitment Statement for the next year.
<ul> <li>Understand the importance of DADS rules and how to follow them.</li> </ul>
NEW EXPERIENCE
<ul> <li>Attend and take part in any one Venturer module of the scouts choice.</li> </ul>

# **Scout Boating Badges - Boatman**

1	List what clothing to wea and rowing.	r and the perso	onal equipment ne	eeded for sailing
2	List the different features aid. Select an appropriate			
3	Swim 50 metres and then	tread water for f	ive minutes.	
4.	Correctly describe the fo Port Starboard	llowing terms: Bow	Stern	
5	Take part in launching and	I retrieving a bo	at.	
6	Demonstrate how to board a wharf a beach or	l a boat from: another b	oat.	
7	Explain the dangers and p when a boat is coming when moving in a boat, raising and lowering sp removing equipment su	alongside, ars and oars,		
8.	Be able  ☐ to bail ☐ to fend off and cast off ☐ to lash loose equipment	nt securely.		
9	Know the basic distress normally found in a cutter.		can be performe	d with equipment
10	Complete four hours pract	ice in Scout cutt	ers on the water.	
11.	Be able to tie the following Figure eight. Reef knot.	Clove	hitch. fast to a cleat.	

# **Scout Boating Badges - Oarsman**

Γ.	ass the Boatman Personal Challenge before commencing this challenge.
1	Be able to identify the following parts of a Sea Scout standard cutter: Thwarts, bow sheets and stern sheets. Oars, crutches, crutch sockets and stretchers. Knees, breast hook, quarter knees and transom knee. Keel, planks, ribs, gunwhale and gunwhale capping. Stem, towing eye and painter. Transom, horse, gudgeons and pintles. Rudder and tiller.
2	Assist with the preparation of the boat for rowing.
3	As a member of a boat's crew be able to respond correctly to the following orders:  Give way Oars Backwater Hold water Rest on oars Toss oars, ship oars and boat oars.
4	Assist with anchoring and make fast to a wharf or other boat under directions from a coxswain.
5	Throw a life ring and a 12 metre line accurately to a chosen mark.
6	Demonstrate how to row competently as a member of a crew.
7	Demonstrate how to tie the following knots correctly:  Bowline. Sheet bend. The knots specified for the Boatman.
8	Complete at least eight hours rowing practice during at least six separate occasions since obtaining the Boatman Personal Challenge.

9 Crew in at least one rowing race at a Zone or Regional Scout Regatta.

# **Scout Boating Badges - Swimming**

- 1 Swim 200 metres (continuous swim) by any stroke.
- Dressed in swimming gear plus t-shirt and long trousers (not jeans), swim 50 metres by each of two strokes chosen from front crawl, back crawl, breaststroke, sidestroke, butterfly, survival backstroke. Survival backstroke uses underwater arm strokes combined with a breaststroke kick on the back. The arms and legs work together, not alternately. The two strokes must be strokes other than the one chosen for the 200metre swim.
- Enter the water safely by: A plain header from the side of the pool. A compact jump from a height above 1 metre, an entry from a height above one metre, wearing a buoyancy vest or lifejacket (not a neck buoyancy vest as this can cause injury to the neck), which must be the correct size and properly fastened.
- 4 Surface dive to a depth of at least 1.6 metres and with both hands recover an object that must be returned to the poolside.
- Carrying with you a flotation aid or some other improvised towing aid, swim 25 metres to a tired swimmer, but staying out of reach. Pass the aid to the victim, instruct them how to use it and tow them to safety. At no time is the swimmer to get within reach of the victim, except when safely at the edge of the pool or helping them out.
- 6 Explain the "buddy system.
- 7 Explain how to recognize a rip in the sea and what to do if caught in rip or in a strong river current.

## **Scout Boating Badges - Coxswain**

The Oarsman and Swimmers Badge must be completed before attempting this challenge.

- 1 Supervise the preparation of the boat for rowing, ensuring that the crew are dressed appropriately.
- 2 Supervise the launching and retrieving of the boat as well as assisting in securing the boat onto the boat trailer.
- 3 Know the Scout Water Activity Rules applicable to: Charge certificates and boating limits. Boat Certificate.
- 4 Correctly explain:

"The rules of the road at sea" (Maritime Rules Part 22, 22.11 to 22.18)

Maritime Rules that apply to small power boats (less than 20 m) and sail boats. Maritime Rules Part 91 or Regional Council Navigation Safety Bylaws.

Knowledge of water ski access lanes and white power cable markers.

- 5 Identify correctly the equipment that must be carried in a boat being rowed.
- 6 Explain the steps for prevention of hypothermia. Describe the symptoms and emergency treatments of Hypothermia and Artificial resuscitation.
- Competently take charge of the boat and maintain discipline while: Letting go and coming alongside a wharf
  Coming up to a buoy
  Beaching
  Coming alongside another boat
  Anchoring.
- 8 Recover a person or piece of equipment that has fallen overboard.
  - 9 Explain what to do if: Swamped Carried away by tide Carried away by wind Involved in a collision.
- 10 Demonstrate how to prepare a boat for towing and then tow another boat.
- 11 Row a boat with only one other oarsman and no coxswain.
- 12 Demonstrate how to correctly load a boat with stores and row it to another location and correctly unload.
- 13 Explain what to do in the event of capsize.
- 14 Describe how raise the alarm in an emergency.

15.	Ey	e splice		5	Sailmaker's	ing correctly: whipping. nan badges.			
16						ain during r ning Oarsma			n at
17			east one ro			or Regional S	Scout Re	gatta.	
				- Carloc	iiig				
1	Co	omplete a	a wet exit						
2	Forward paddle 50 meters								
3	Back Paddle 10 meters								
4	Τι	ırn a circ	le on the s <sub>l</sub>	pot					
5	Do	a deep	sea rescue	Э					
Cano	eir	ng trips							
Year		Trip & Lo	cation					Date	

- **Scout Boating Badges Sailor** Pass the Oarsman Badge. 2 Pass the Swimmers Badge. 3 Be able to identify the following parts of a Sea Scout standard cutter rigged for sailing: Chain plate Main and jib sheets Centre case Centre plate Mast Mast step Hounds band Sheaves Halyards Side stays Running back stays Forestay Boom Gooseneck Boom vang Outhaul. Be able to identify the following parts of a sail. 4 Tack Throat Head Peak and clew Luff Head GunterLeach and foot Reef points Cunningham Batten pockets. 5 Assist with the rigging and derigging of a standard cutter on land and in the water. 6 Demonstrate how to tie and use correctly: An Eye Splice A Sailmaker's Whipping A Rolling Hitch The knots specified in Boatman and Oarsman badges. 7 Demonstrate how to effectively trim the boat under sail. Demonstrate how to do the following: 8. Ease Let fly Tighten Cleat Gybe. Lee-o 9 Assist in reefing the main sail of a standard cutter. 10 Assist in annual swamp test of a standard cutter.
- 11 Row or paddle the boat while rigged for sailing as one of a two man crew.
- Complete at least six hours sailing practice during at least three separate occasions since completing the Oarsman Personal Challenge.

13 Crew in at least one sailing race at a Zone or Regional Scout Regatta.

# Regattas attended

Year	Name & Location	Date

# **CAMP NIGHTS**

Year	Type of Camp & Location	First day	Last Day	Number of Nights

## **The Scout Promise**

On my honour, I promise to do my best,
To develop my spiritual beliefs,
To contribute to my community, country and world,
To help other people,
And to live by the Scout Law.

## The Scout Law

**Have Respect** 

- For yourself and others
- For the environment Do what is Right
- Be trustworthy and tolerant
- Have integrity

Be Positive

- Accept challenges with courage
- Be friend to all

## **Scout Personal Challenge Badges**

Civil Defense Emergencies Fire

First Aid Life Saving Local History
Maori Life Your Own Choice Aircraft Spotting

Airmanship 1 & 2 Aircraft Technical Knowledge
Angling Air Navigation and Meteorology
Athletics Boatman Bushcraft

Camping Camp Cook Camping Nights

Camp WardenCanoeingCavingConservationCookingCoxswainCyclingExploringGardening

Hiking Horse Riding Marine Navigation

Master at Arms Meteorology **Navigator** Oarsman Sailor Skiing **Survival Camping Sports Swimming** Art and Craft **Book Reading** Chemistry Collector Computer Debating Drama / Playacting Entertaining Gang Show **Photography** Faith Music

Presenters Radio / Electronics Writing

## **Sailing Gear**

Sailing is hard on clothes – so old or 2<sup>nd</sup> hand clothes are fine – it is not a fashion contest.

Sun Hat and / or Warm Hat

If you have glasses - tie them on

Sun Block - all weathers

Life Jacket (provided by Tauhinu)

Wind Breaker, Coat or Jacket

Sailing Gloves are nice but are not really needed for scout sailing

A cheap Warehouse wet suit is very useful.

Shorts and a wool jersey or polar fleece it you have no wetsuit

Cheap Polyprops under the wetsuit improve warmth and comfort a lot. No cotton.

Wet suit booties are good but are nice in cold weather sailing. Otherwise water shoes

A complete change of clothes to go home in and a towel – Scouts get wet in boats.

Plastic bag to take home wet gear

